Here are the resources for our talk -

- 1. Perry B, Winfrey O. WHAT HAPPENED TO YOU? Conversations on Trauma, Resilience, and Healing. Flatiron Books; 2021. 301 pp.
- 2. Garner A, Saul R. THINKING DEVELOPMENTALLY: Nurturing Wellness in Childhood to Promote Lifelong Health. American Academy of Pediatrics; 2018.175 pp.
- 3. Neurosequential Network https://www.neurosequential.com
- 4. Connie Maxwell Children's Ministries https://conniemaxwell.com