# **QTIP Update 2023**



#### **South Carolina Chapter**

INCORPORATED IN SOUTH CAROLINA



Ramkumar Jayagopalan, M.D. *Medical Director, SC QTIP*.

### 2024 SCAAP CATCH MEETING

# **Learning Objectives**

At the conclusion of this presentation, learners will be able to:

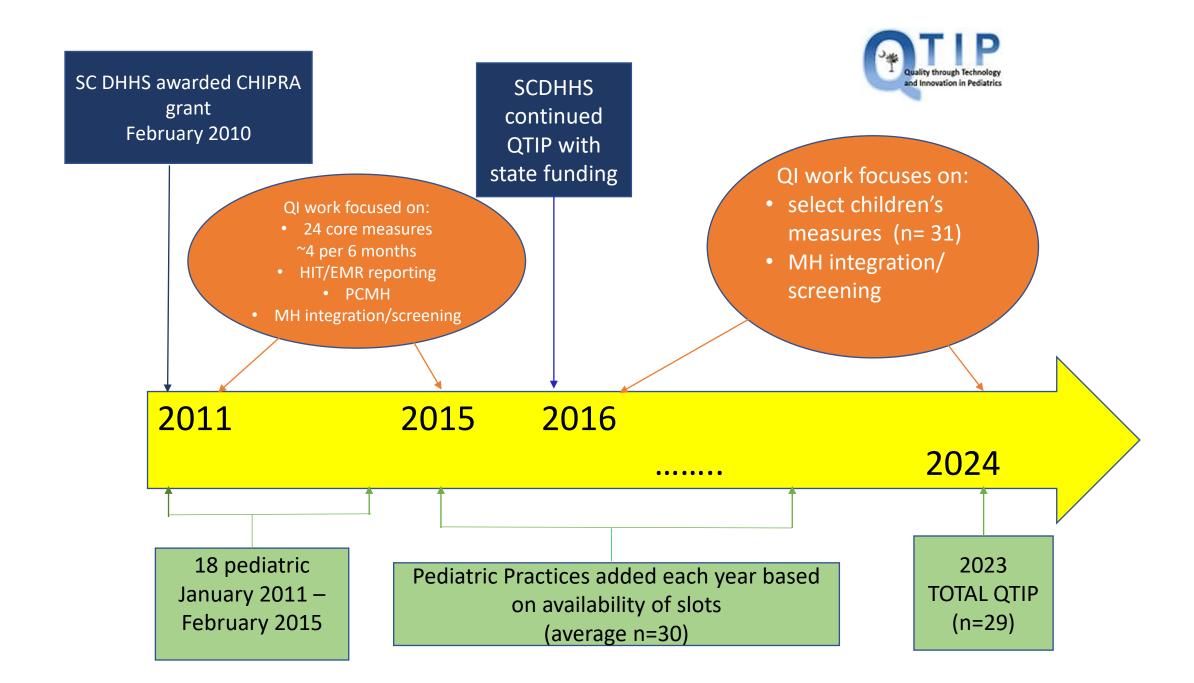
• Get an update of QTIP initiatives for the year 2023-24



INCORPORATED IN SOUTH CAROLINA



#### 2024 SCAAP CATCH MEETING



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### **Profile of QTIP Practices**



### **Total Practices = 29**

- 3 academic
- 16 private
- 7 associated with a hospital
- 3 FQHC

### <u>Size:</u>

- 13 small (1-4 practitioners)
- 5 medium (5-9)
- 11 large (10 +)

### **Active Practices:**

- 2011 practices: 11
- 2015 practices: 5
- 2016 practices: 3
- 2017 practices: 4
- 2019 practices: 2
- 2020 practices: 1
- 2021 practice : 1
- 2023 practices: 2



### New Mental Health Consultant.....

### Welcome to QTIP Kelli!







# We are so glad you're here!



### 2023-2024 Appropriation Act

Part 1B Section 33 – J020 – Department of Health and Human Services

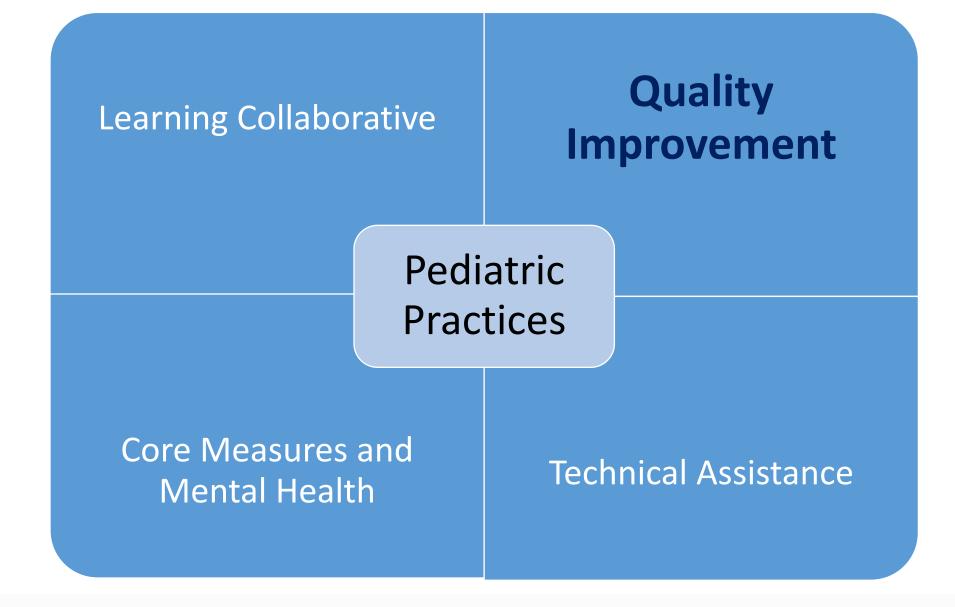


33.20. (DHHS: Medicaid Accountability and Quality Improvement Initiative) From the funds appropriated and authorized to the Department of Health and Human Services, the department is authorized to implement the following accountability and quality improvement initiatives:...

(D) ... The department shall explore ways to enhance the existing QTIP program. The goal of this program is to improve quality measure outcomes, promote medical home concepts, and support mental health skill-building and integration through targeted quality improvement and technical assistance to pediatric practices...

https://www.scstatehouse.gov/query.php?search=DOC&searchtext=QTIP&category=BUDGET&year=2023&version\_id=7&return\_page=&version\_title=Appropriation%20Act&co nid=37761005&result\_pos=0&keyval=50987&numrows=10





# Areas of Focus /Measures

- WCC & Budding Anxiety in 7–10 year-olds
- Mental Health in Adolescents (13-18 yearolds)

# Measure: 7-10 year olds

- HPV vaccines (9 and older)
- Lipid screening (9 and older)
- Screen for anxiety (8 and older)
- Promote sleep hygiene
- Assess school performance and social/emotional development
- Anticipatory guidance on puberty, positive body image, bullying and electronic/social media usage
- Lifestyle medicine approach to healthy weight





### Measure: Mental Health in Adolescents

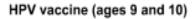


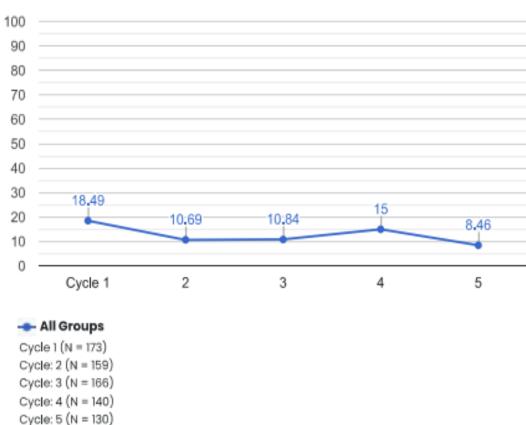
- Depression
  - Screening
  - Management
- Anxiety
  - Screening
  - Management
- Suicidal ideations
  - Screening
  - Management
- Social connectedness
- HPV

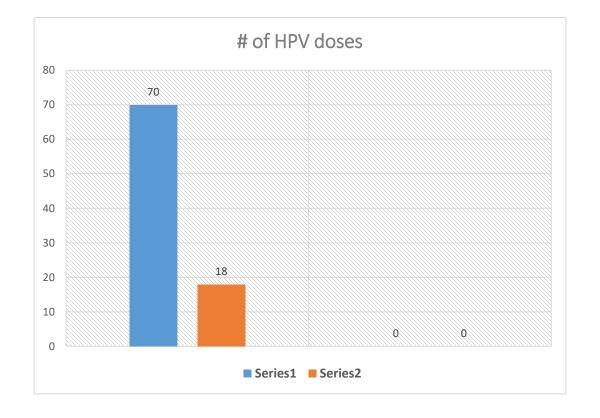


### QIDA trends for 7-10 year olds

### HPV Data Trends Cycles 1-5 (July 2023-November 2023 Chart Data)





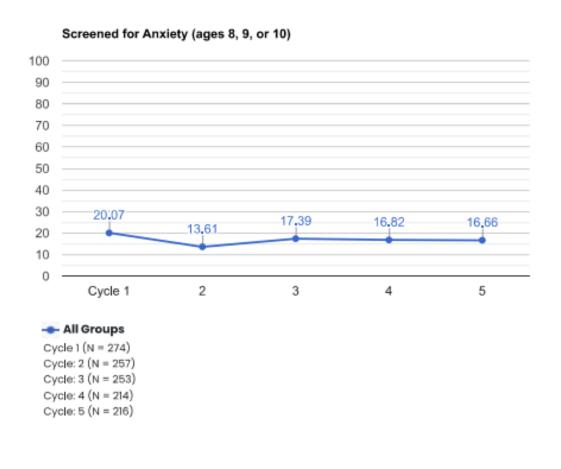


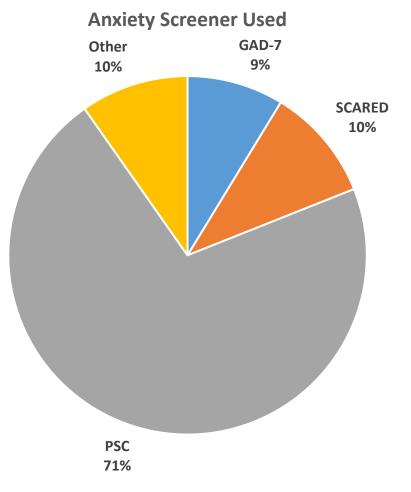


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### QIDA trends for 7-10 year olds

### Anxiety Screening Data Trends Cycles 1-5 (July 2023-November 2023 Chart Data)







### QIDA trends for 7-10 year olds

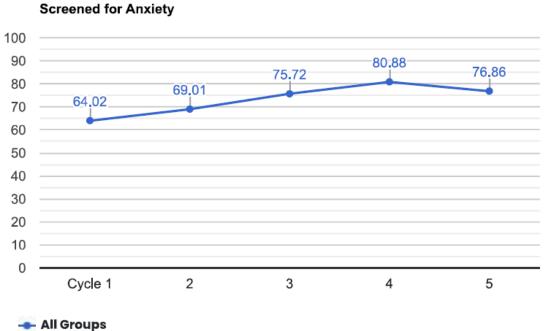
- BMI over 85<sup>th</sup> percentile- 30 % and over 80% of those have had a lifestyle medicine discussion.
- Lipid screening done around 25% of the time
- Discussion around sleep hygiene / social media usage was at 75% of the time
- Discussion around bullying- 20%



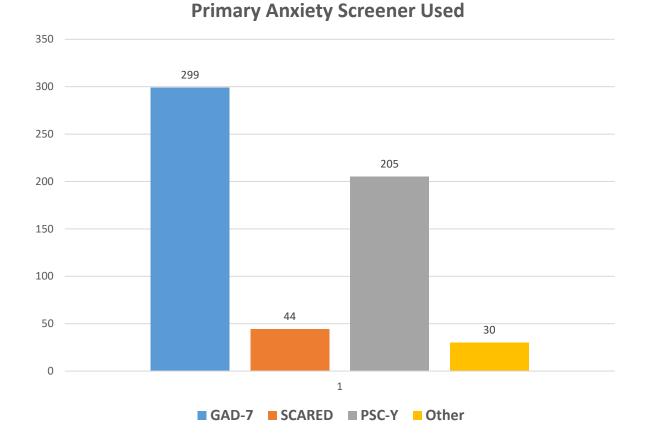


### QIDA trends for 13-18 year olds

#### Anxiety Trends Cycles 1-5 (July 2023-November 2023 Chart Data)



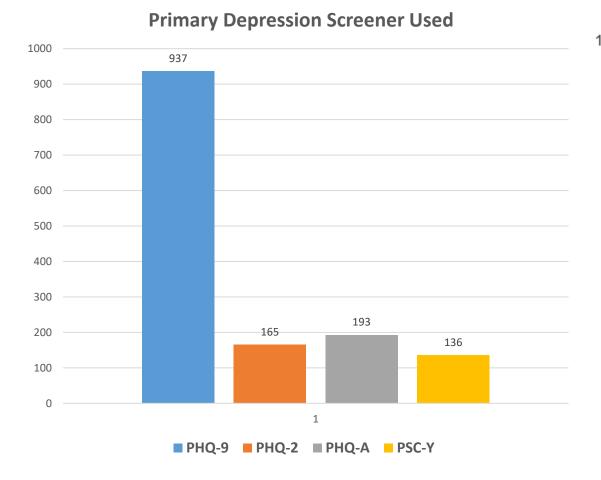
#### Cycle 1 (N = 164) Cycle: 2 (N = 142) Cycle: 3 (N = 173) Cycle: 4 (N = 136) Cycle: 5 (N = 134)



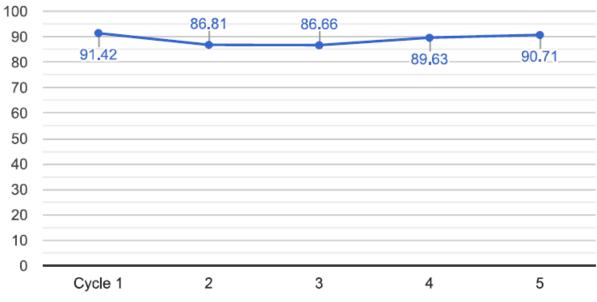
Healthy Connections

### QIDA trends for 13–18-year-olds

#### Depression Trends Cycles 1-5 (July 2023-November 2023 Chart Data)



#### Screened for Depression (ages 13 – 18)



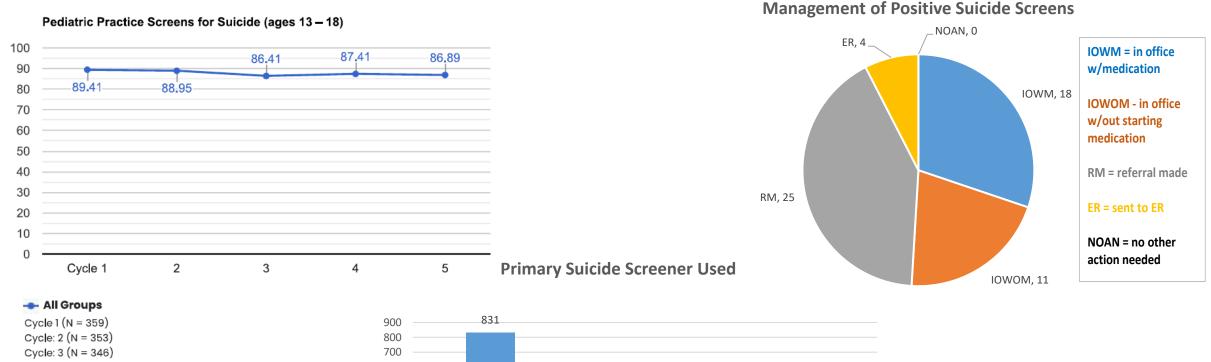
# All Groups Cycle 1 (N = 350) Cycle: 2 (N = 349) Cycle: 3 (N = 330) Cycle: 4 (N = 299)

Cycle: 5 (N = 280)

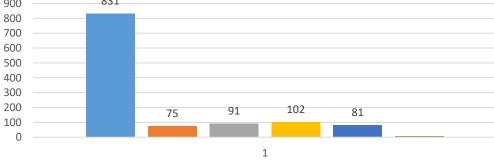


### QIDA trends for 13-18 year olds

#### Suicide Data Trends Cycles 1-5 (July 2023-November 2023 Chart Data)



Cycle: 3 (N = 346) Cycle: 4 (N = 310) Cycle: 5 (N = 290)



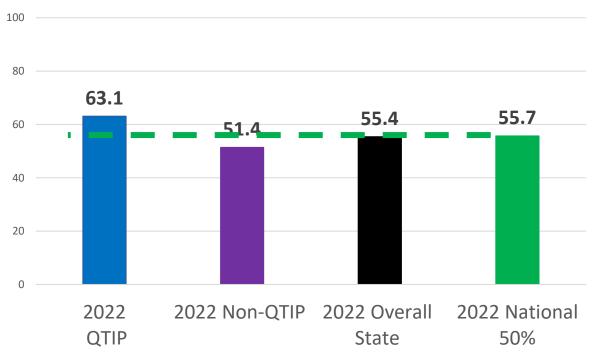
■ PHQ-9 ■ PHQ-A ■ PHQ-A + ASQ ■ PSC-Y ■ ASQ ■ C-SSRS



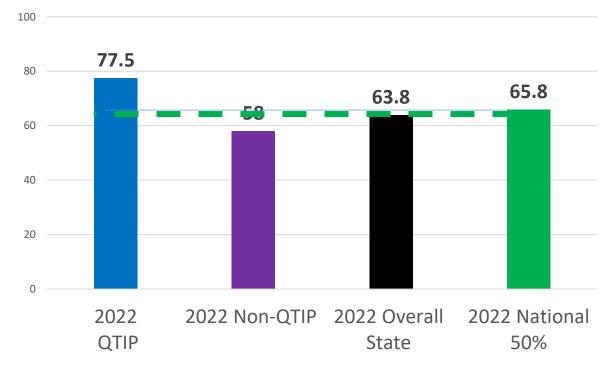
### HEDIS – Like Administrative Claims Data 2022

### (reporting year 2023) First 30 months of life

### WCC - First 30 Months of Life Comparison less than 15 months



### WCC - First 30 Months of Life Comparison 15-30 months

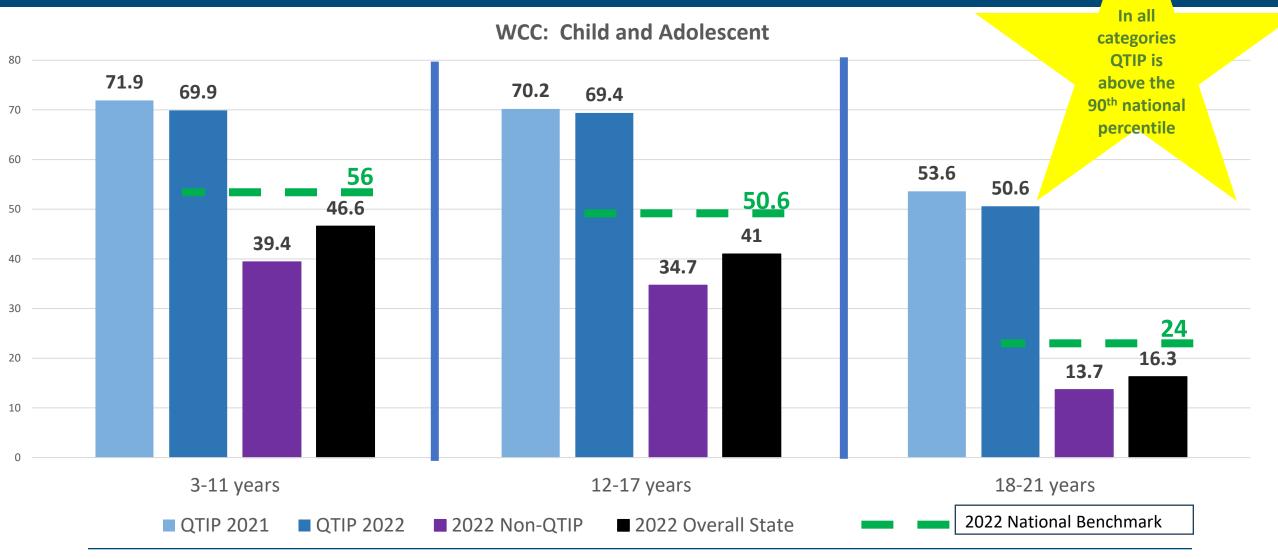






### HEDIS – Like Administrative Claims Data 2022

(reporting year 2023)







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### HEDIS – Like Administrative Claims Data 2022 (reporting year 2023)







# Fluoride Varnish (FV) in a Non-Dental Setting\*



### AT A GLANCE...

- A **1,488% of increase** in the number of Medicaid children receiving FV in a non-dental setting has been noted since 2011
- CY2022 data reflects:
  - ~ 76% of the children were between 0 4 years old
  - ~ 21% were 5 12 years old

\*Data based on Medicaid administrative claims through CY 2022; excludes FQHC





### HEDIS – Like Administrative Claims Data 2022

(reporting year 2023) ••••

- Chlamydia screening for 16–20-year-olds:
  - ★ QTIP practices remain above 50<sup>th</sup> national benchmark
- ADHD initiation AND continuation:
  - ★ QTIP practices are above the 90<sup>th</sup> national benchmark
- Appropriate testing for Pharyngitis
  - ★ QTIP practices are above the 90<sup>th</sup> national benchmark while non-QTIP practices are at the 50<sup>th</sup>.







# **Developmental and Mental Health Screening**

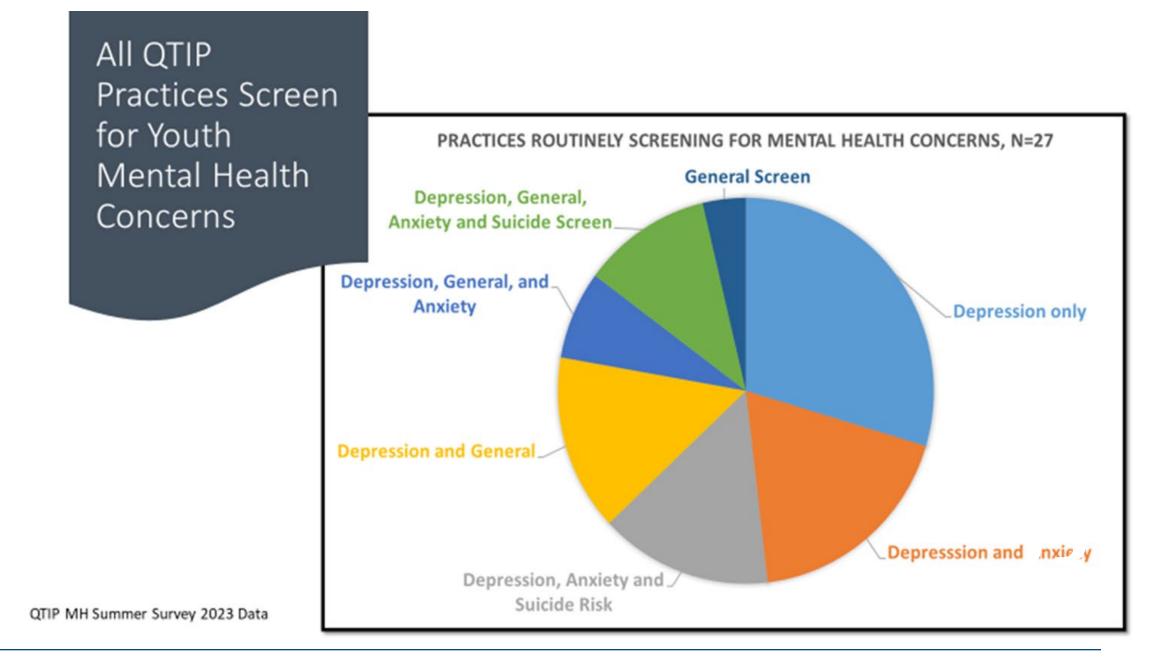
(Administrative Claims)

### AT A GLANCE...

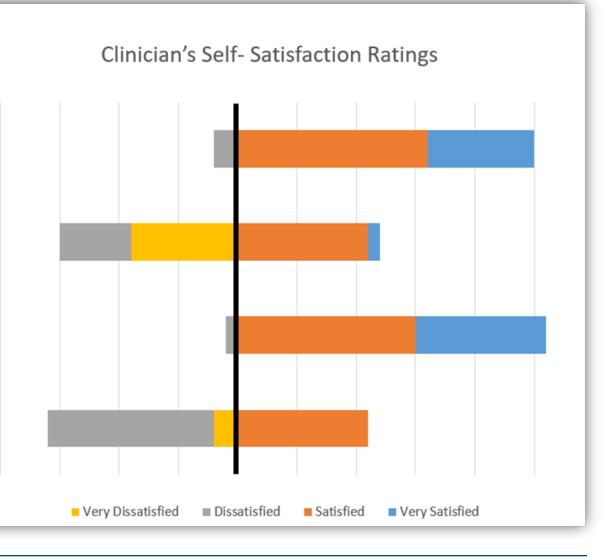
- **448% increase** in the number of children 18 years old or under receiving a developmental screening since 2011
- **531% increase** in the number of children receiving an emotional/behavioral health screening since 2015
- **1,812% increase** since 2011 in environmental and risk assessments











How satisfied do you feel in your role of screening and addressing **suicidal ideation** with your patients?

#### CURRENTLY

PRIOR to participating in QTIP

How satisfied do you feel in your role as a provider of care to children and families with behavioral and emotional problems?

#### CURRENTLY

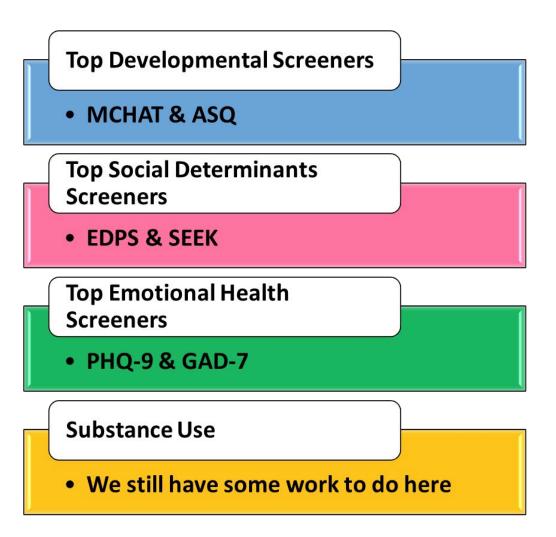
**PRIOR** to participating in QTIP





### Are We Screening? Yes, We Are!







### **QI Workshops**



#### Spring Oral Health QI Workshop

March 28, 2023 – June 7, 2023 18 Practices participated in two tracks.



### **Oral Health - Practice Change Ideas**

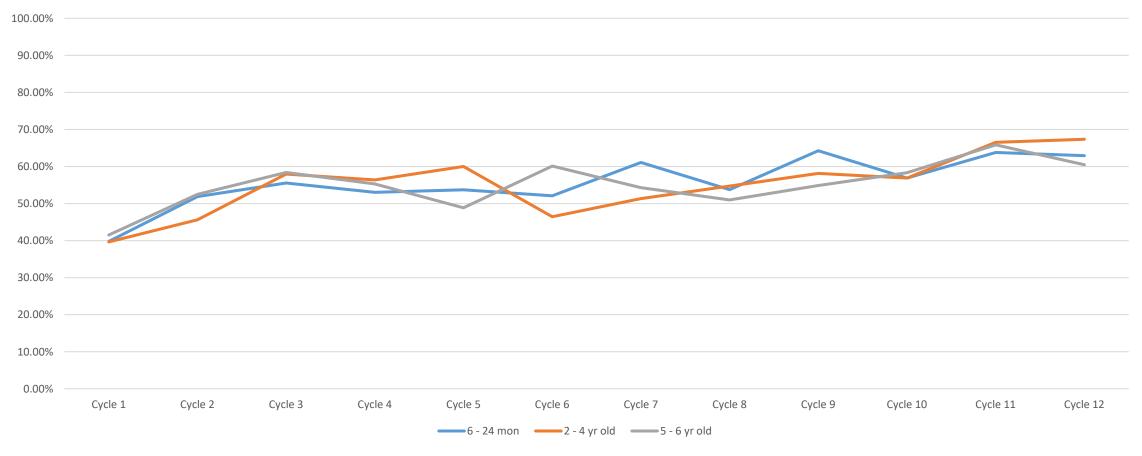
These are change ideas practices chose to implement

Increase FV applications Dental Provider List Documentation of Oral Health Exam... Patient education Other staff applies FV Screen for SDOOH and provide... Determine Medicaid acceptance Offering or considering a mobile... Address barriers / create spread



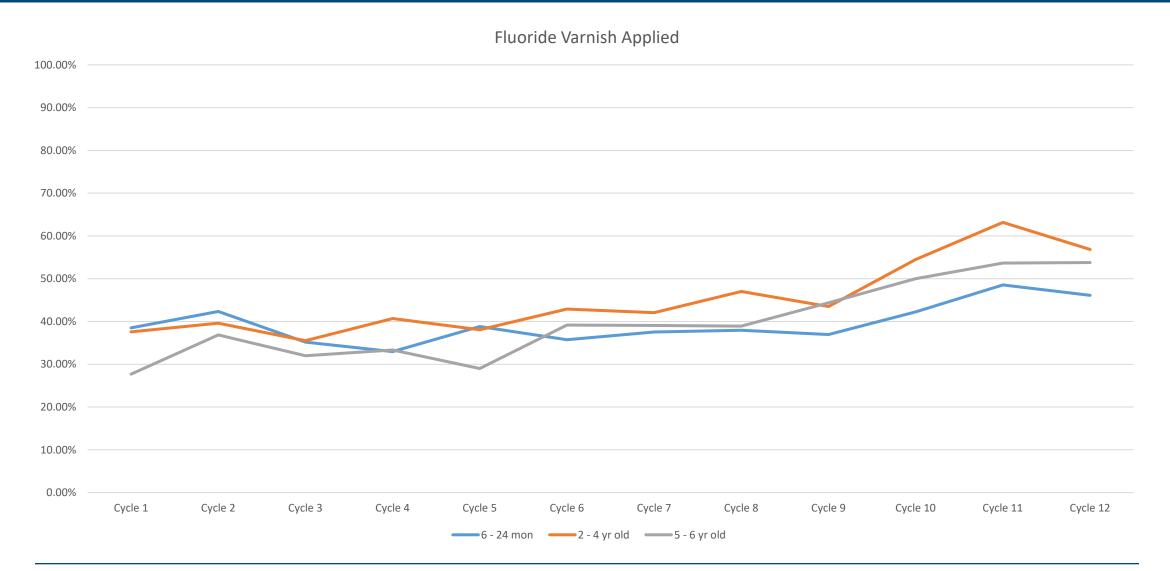
### **Oral Health Risk Factor Assessments**

Oral Health Risk Factor Assessment





### **Fluoride Varnish Applications**







## **Oral Health Goodie Bags**



provided practices with oral health goodie bags that were distributed to children ages 0 – 36 months.





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### Babies sleep..... So, what's the fuss?!

### Safe Sleep Fall 2023 Workshop

8-10 weeks ~ September - November

#### Workshop Purpose:

To increase messaging around Safe Sleep practices for infants by:

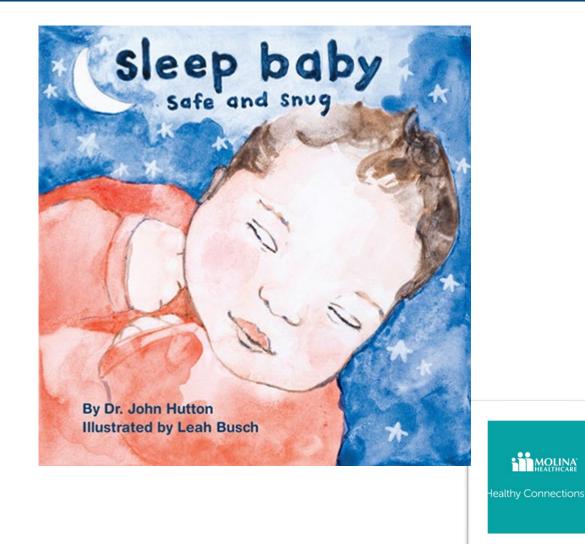
- Increasing provider and staff buy-in
- Providing consistent safe sleep screening and counseling
- Providing resource options for families if safe sleep need is identified
- Documenting safe sleep screening and/or counseling in the EMR





### Babies sleep...... So, what's the fuss?!

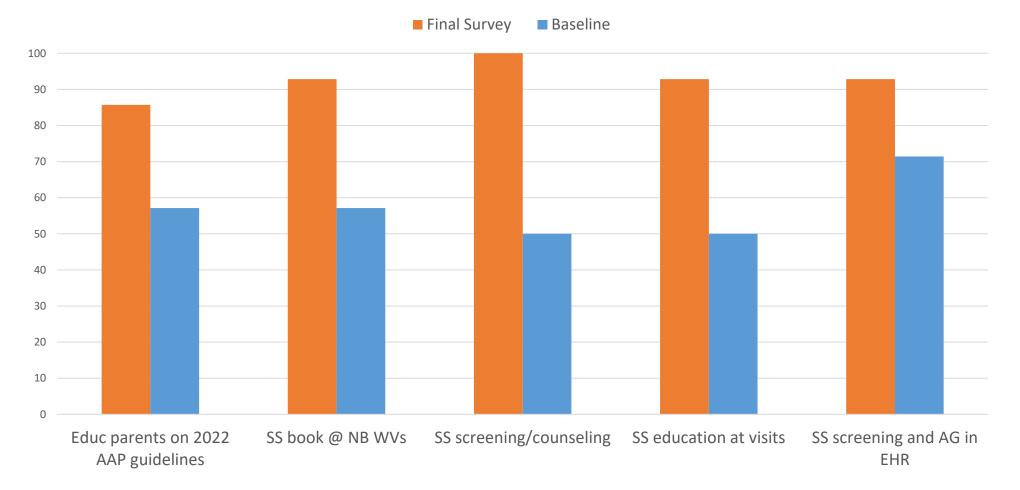
- 14 practices participated in the workshop
- Thanks to Molina Healthcare-5,000 "Sleep Baby Safe and Snug" books distributed to participating practices.





MOLINA

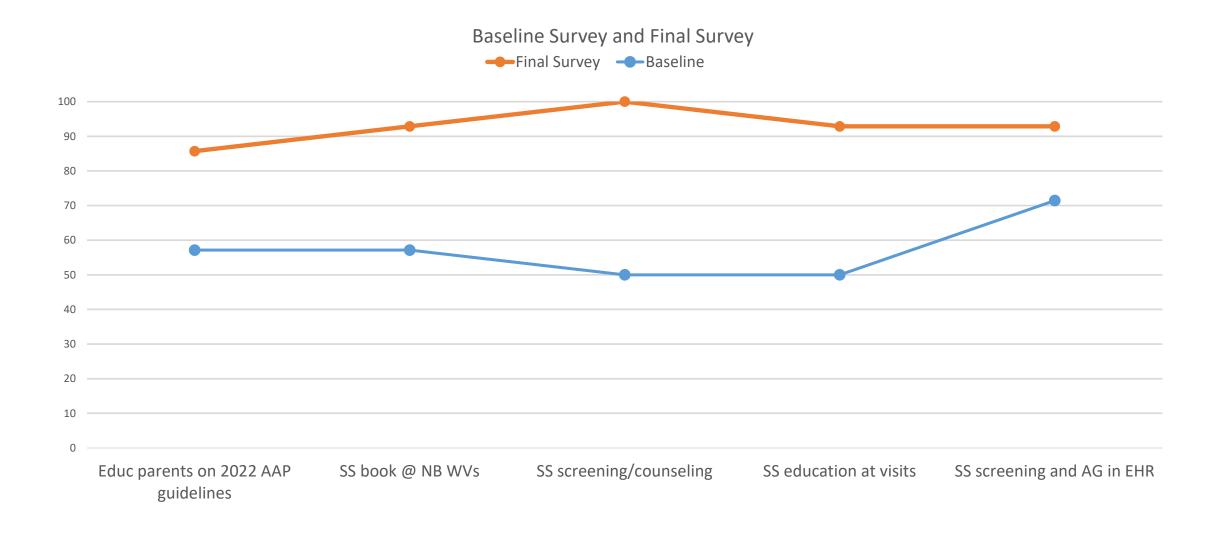
### Safe Sleep Workshop Data







### Safe Sleep Workshop Data





### **ABP Part 4 Credits**

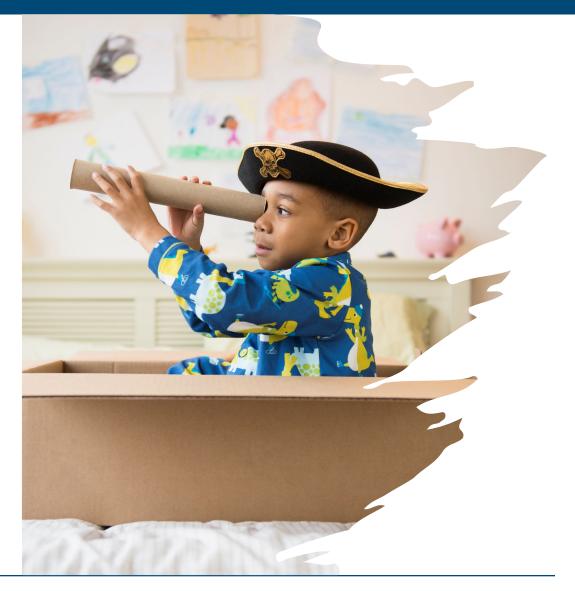
- **104** Part 4 credits issued to Pediatricians in 2023
- Total number of topics : 8
  - Oral health: 40
  - Well child visits: 29
  - Developmental screening: 17
  - Safe sleep: 8
  - Asthma, ADH, Obesity and Adolescent health care are the others
- Dr. Blakely Amati @ <u>Blakely.Amati@prismahealth.org</u> can issue Part 4 credits.





# Looking Ahead .....

- Mental health focus
- Spring 2024 workshop- Anxiety management
  - ➤ Screening
  - Community resources
  - > Medication management
- Monthly call topics to cover
  - > Child injury prevention
  - > Adolescent marijuana use counseling/management
  - Medication management for adolescent obesity.





### **THANK YOU**

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