

Inclusion, Belonging, Well-Being and Equity

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American Academy of Pediatrics

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2024 SCAAP CATCH MEETING



Equity



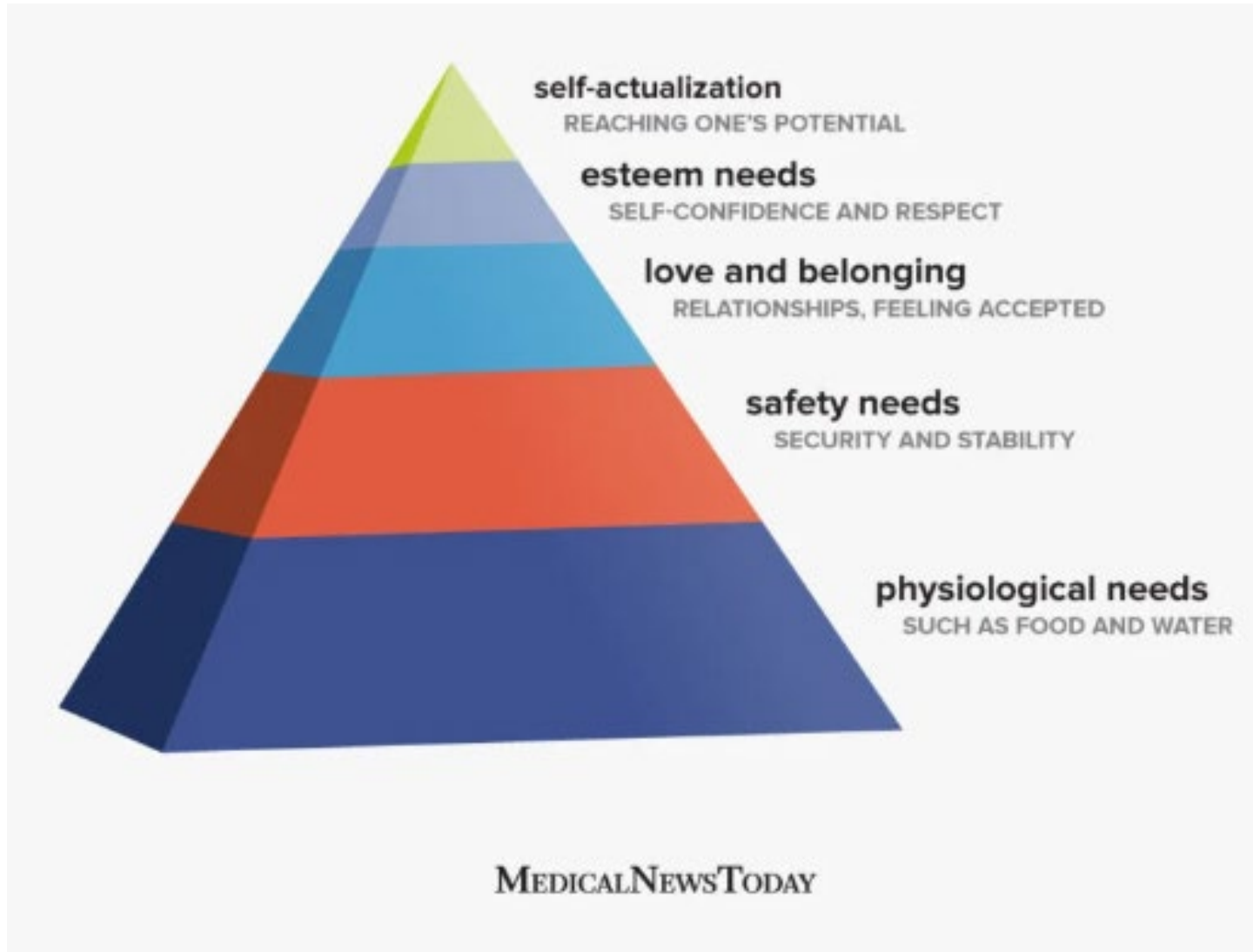
Suzanne St John

Inclusion

Belonging

Well-Being

Our Human Needs



A sense of belonging is one of humanity's most basic needs.

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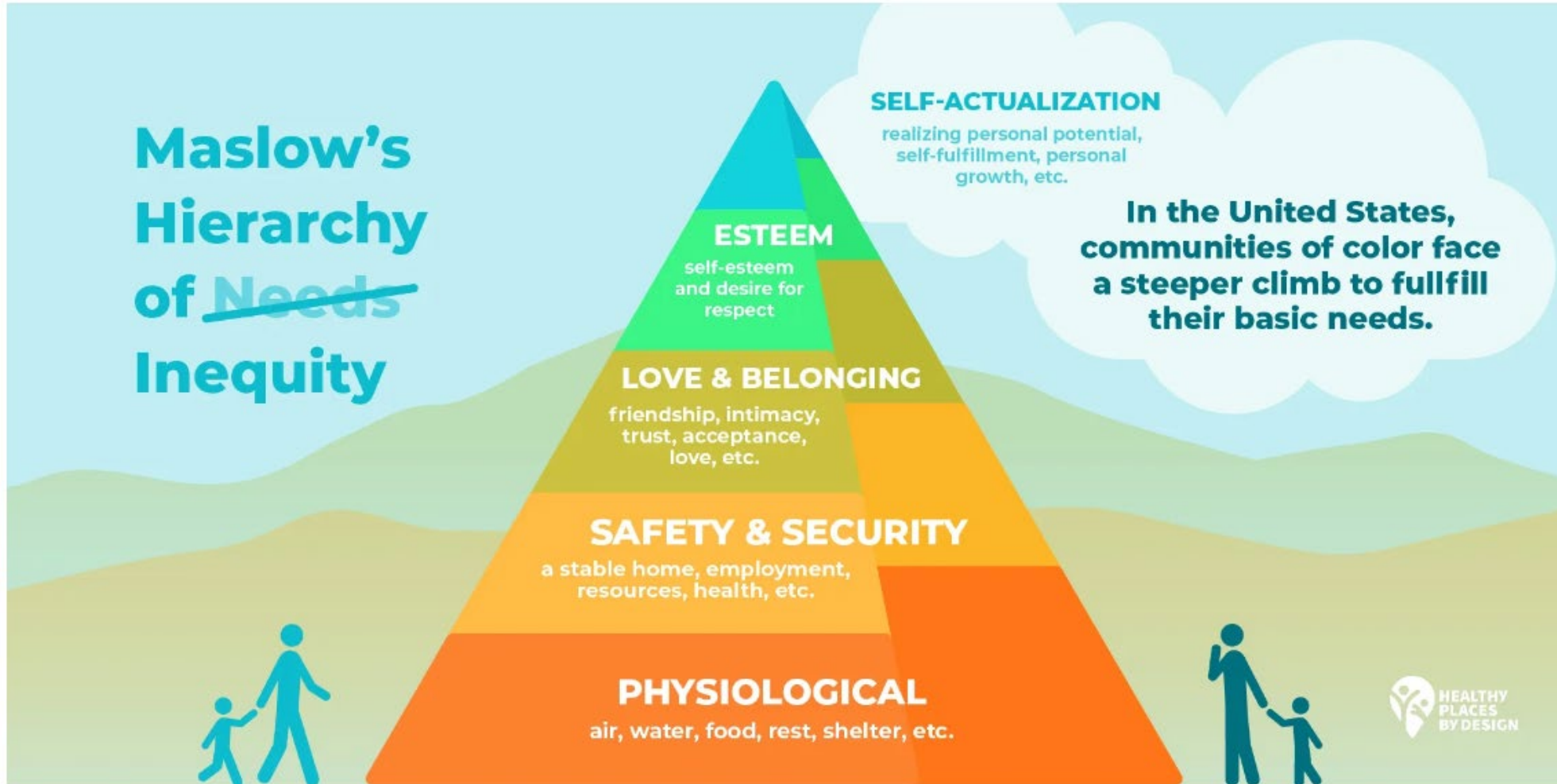
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Start at the Beginning: Early Childhood Development

- Early relationships during the first three years of a child's life are a foundational part of shaping a young child's social and emotional development
- Emotional intelligence is about understanding and managing our emotions and being able to relate to others it includes competencies such as recognizing, expressing, understanding managing and regulating emotions including the ability to understand the emotions and feelings of others.
- Emotional Intelligence can play a role in the "inner work" toward a society rooted in Belonging Inclusion Equity and Well-Being

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Media: What Parents Think

- Latino/x people are 18% of the population, only make up 5% of speaking film roles
- Characters of color in shows most watched by children aged 2 to 13 are more likely to be depicted as violent
- 1 in 4 parents/caregivers believe that portrayals of Black, Hispanic, and LGBTQIA+ people are more likely to be negative
- 6 in 10 (57%) parents say it is important for their children to see people of their own ethnicity/race in the media they consume. But it's most important to Black parents, 75% of whom say representation is important
- 2 in 3 (65%) parents feel that media has a big impact on their children's professional aspirations, which underscores the importance of providing positive role models for Black, indigenous, and children of color.
- 6 in 10 (57%) parents say that the media their child consumes has prompted conversations about diversity, and
- 63% of parents believe that media has an impact on the information children have about people of other races, ethnicities, religions, and cultures

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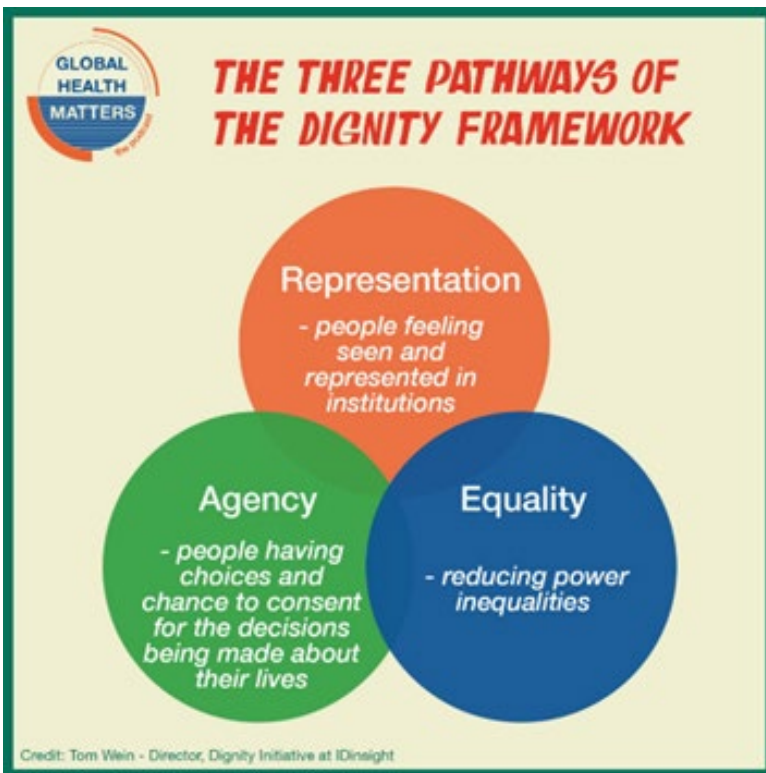
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Common Sense Media

Dignity Is Core



DONNA HICKS (2013)
10 ESSENTIAL ELEMENTS OF DIGNITY

1. Acceptance of identity
2. Inclusion
3. Safety
4. Acknowledgement
5. Recognition
6. Fairness
7. Benefit of the doubt
8. Understanding
9. Independence
10. Accountability



thecorecollaborative.com

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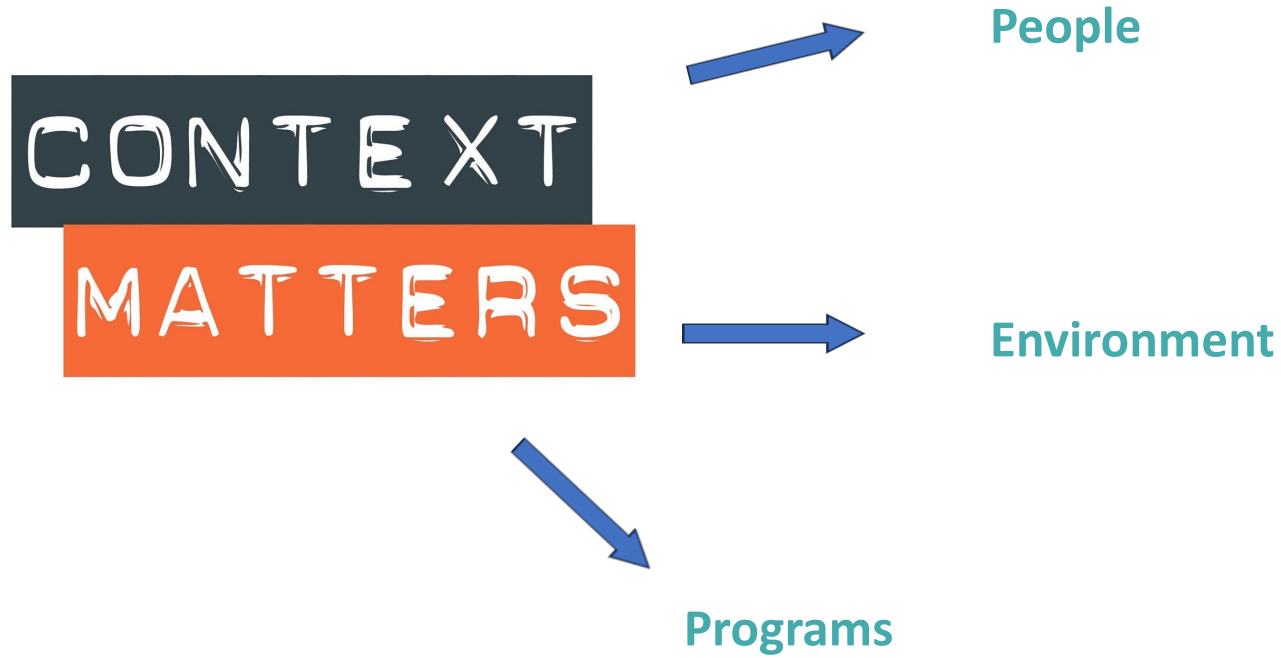
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How You Can Make A Difference



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ERH as “the state of emotional well-being that grows from the positive emotional connection between babies and toddlers and their parents and caregivers when they experience strong, positive, and nurturing relationships with each other.” It is critical to creating healthy children, families, and communities. The application of ERH to and through communities has been part of the “Nurture Connection” movement - a network of parents, other caregivers, and diverse professionals that promotes strong, positive, and nurturing early relationships to build healthier more connected communities

Last Thoughts....

“It is easier to build strong children than to repair broken [people].”

Frederick Douglass

“Do the best you can until you know better. When you know better do better.”

Maya Angelou

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Q & A

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THANK YOU!

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