South Carolina Infant Mental Health Association

SCIMHA  “skim-uh”

Healthy Relationships Come First

Resources, policies and practices to foster healthy social-emotional development and well-being.
Impact of Relationships

- Biological
- Motor
- Cognitive
- Language
- Social/Emotional and Personality

Relationships
Two-Generational approach

Caregiver Needs

Ghosts & Angels in the Nursery
Background Music to Our Experience
Common Referrals for IECMH Services

• Child exhibiting persistent, severe challenging or confusing behaviors (i.e.: tantrums, throwing, hitting, biting, disengaged, etc.)

• Child at risk of expulsion or suspension from childcare program.

• Stress level of caregivers

• Stressful or traumatic events occurred for caregiver or child
SCIMHA Can Help

IECMH Consultation in Child Care Settings

Attachment Biobehavioral Catch-Up (ABC) – Brief, home-based therapeutic intervention

Circle of Security – Group Parenting Classes

Child Parent Psychotherapy – Intensive Therapeutic intervention

Safe Babies Courts – IECMH informed court model for children 0-3 involved in child welfare system
Infant & Early Childhood Mental Health Consultation

PROMOTING NURTURING RELATIONSHIPS
Supporting children by supporting caregivers

PEAR Network
SC INFANT MENTAL HEALTH ASSOCIATION
Attachment Biobehavioral Catch-Up (ABC)

10 Week home-based intervention

Addresses three primary issues:

1. Young children who have experienced early adversity are especially in need of nurturance.

2. Young children who have experienced hardship need parents who follow the lead and delight in them.

3. When parents behave in frightening ways, it is difficult for children to look to them for reassurance when distressed.
Circle of Security (COS)

Parenting Group

Based on principles of attachment

Behavior as a communication of needs

Supports parents in understanding children’s (sometimes) confusing signals

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www.circleofsecurity.net

The Circle of Security: A Visual "Map" of Caregiver-Child Attachment
Child-Parent Psychotherapy (CPP)

Intervention model for children aged 0-5 who have experienced traumatic events and/or are experiencing mental health, attachment, and/or behavioral problems.

- Strengthens the caregiver-child relationship as a vehicle for restoring and protecting the child’s mental health
- Make sense of what their family went through
- Learn to cope with challenging negative emotions

SOUTH CAROLINA Infant Mental Health Association
Training for professionals to learn to deliver these interventions:

   ABC
   COS
   CPP

Contact: Mackenzie Soniak
IECMH Capacity Building Director

MSoniak@SCIMHA.org
Collaborative Approach using Trauma Informed System

- Shared Parenting
- Frequent Family Time
- Monthly Court Reviews
- Monthly Family & Team Meetings
- Collective Community Partners & Resources for Families
- Mental Health Component with emphasis on Child-Parent Psychotherapy (CPP)
Connect to IECMH Services
HelpMeGrowSC.org
Help Me Grow SC welcomes referrals from community agencies, early childhood education providers, and healthcare providers.

- To make a referral, click the link below and complete the referral form in its entirety (with the family's permission).
- After submitting the referral, a Help Me Grow SC care coordinator will contact the family within 3 – 5 business days.
- If you have any questions about making a referral, please give us a call at 855-476-9211 or email us at referrals@helpmegrowsc.org.

Click Here to submit a Referral.
HelpMeGrowSC.org
Developmental Screenings

Take the ASQ

For the most thorough snapshot of your child's development, click here. (Para Español.)

Estimated time to complete the ASQ-3 and ASQ:SE-2: 10-15 minutes for each questionnaire

Short on time, but want to gain some initial insights? click here. (Para Español.)

Estimated time to complete the ASQ-3: 10-15 minutes

FAQ

What is the ASQ-3?
The Ages & Stages Questionnaire, Third Edition (ASQ-3), is a developmental screening tool that assesses children's skills in five areas:

- Communication
- Fine Motor
- Personal-Social
- Problem Solving
- Gross Motor

Need to know more?

Parents trust it – ASQ-3 is the most relied upon screening tool in the US with more than 1 million screenings completed every year. It is the questionnaire trusted for more than 20 years to check children's development.
For information on how Help Me Grow SC can support you and your practice:

Tiffany Howard
_Training and Partnership Development Manager_
THoward@SCIMHA.org
Thank you!

Kerrie Schnake
SCIMHA CEO
kschnake@scimha.org